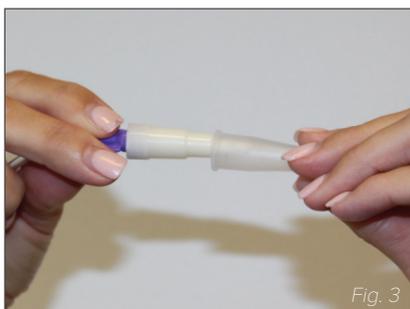


# Enteral Nutrition Administration: Gravity- Emergency Use Only

Please refer to the “Patient Guide to Enteral Nutrition” booklet for additional information.

*This information is not intended to be a substitute for professional advice. Please follow the recommendations of your doctor, nurse, pharmacist or dietitian regarding your therapy.*



Your enteral feeding pump’s internal battery should hold a charge for 12-18 hours, depending on the rate and duration of your feeding.

Keep the battery at full charge and conserve battery use whenever possible. In the event of an extended power outage or pump malfunction, follow these instructions for gravity feeding. Always store the gravity set(s) in the same place you keep your emergency supplies.

Utilize gravity bags if your power goes out and you are unable to charge your pump. If you do not have access to an emergency gravity feeding bag or need a replacement bag, contact your Option Care Health location.

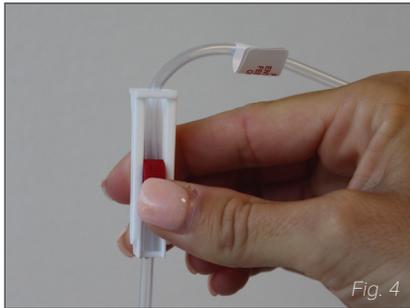
## Getting started

- Gather your formula and supplies and place on a clean work area
- Clean your hands thoroughly using soap and warm water for at least **20 seconds** (if no soap and water is available, use an alcohol-based hand sanitizer)
- Dry your hands with a clean towel

## Emergency gravity feeding steps

1. Flush your feeding tube slowly with water, as directed. (See Fig. 1)
2. Ensure the roller clamp on the gravity bag tubing is in the “off” or down position.
3. Hang gravity bag on the IV pole, open the lid and fill with ordered amount of formula. (See Fig. 2) Close cap securely and remove clear plastic cover from end of tubing. (See Fig. 3)
4. Open the roller clamp slowly to the “on” or up position and prime the tubing by letting the formula move through the tube until it reaches the end, then close the roller clamp again.
5. Connect the end of the gravity bag to your feeding tube and slowly open the roller clamp to the “on” or up position.

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6. You may control the flow of your feeding by adjusting the position of the roller clamp up or down. (See Fig. 4)
7. Once feeding is complete, disconnect the gravity bag and use the syringe to flush feeding tube slowly with water as instructed.
8. Rinse gravity bag thoroughly with warm water between feedings. Gravity bags are typically discarded after 24 hours.

For pediatric or adult patients with decreased levels of alertness, it is important for the caregiver to monitor the gravity feeding closely to ensure that the flow of the feeding is not too fast.

Call your nurse or doctor with any questions or concerns



Your Option Care Health team is available on call 24/7/365 to assist you.

To view video instructions and access additional educational resources, visit [optioncarehealth.com/education](https://optioncarehealth.com/education).