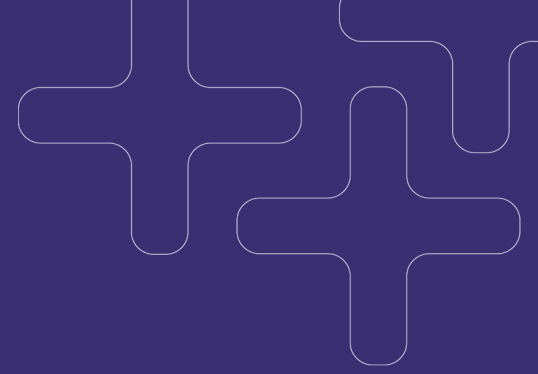


Enteral Nutrition Administration: Infinity Pump



Please refer to the “Patient Guide to Enteral Nutrition” booklet for additional information.

This information is not intended to be a substitute for professional advice. Please follow the recommendations of your doctor, nurse, pharmacist or dietitian regarding your therapy.

These instructions are meant to provide you with the basic steps to administer your enteral nutrition. Please refer to your Infinity Pump quick reference guide for more detailed instructions.



Getting started

- Use a clean work area
- Clean your hands thoroughly using soap and warm water for at least **20 seconds** (if no soap and water is available, use an alcohol-based hand sanitizer)
- Dry your hands with a clean towel

1 | Prepare home tube feeding

- A. Gather your formula and supplies, placing on the clean work area. (See Fig. 1)
- B. Check expiration date on formula carton and make sure the formula name matches your order. Wipe top with a clean cloth and shake well before opening.

Opened cartons of formula should be immediately covered and refrigerated. Product should not hang in the feeding bag for more than 12 hours (if a reconstituted powder is used, it should not hang in the bag for more than 4 hours). Use or discard any opened formula within 24 hours or per manufacturer recommendations.

- C. Place a towel on your lap as formula may spill during administration.
- D. Sit in an upright position or elevate the head of your bed at least 30-45 degrees. **DO NOT** lay flat during feeding and for at least one hour after.

2 | Administer tube feeding

- A. Holding the feeding bag upright, open the lid and fill with ordered amount of formula, securely closing the cap afterward. (See Fig. 2)
- B. Turn the pump on by pressing and holding the “ON/OFF” key for 1.5 seconds. (See Fig. 3)
- C. Press the “RATE/DOSE” key to display ‘RATE’ and set desired rate using the “+” and “-” keys. Rate is the volume to be delivered each hour.
- D. Press the “RATE/DOSE” key to display ‘DOSE’ and set desired dose using the “+” and “-” keys. Dose is the total volume.

Adults may set this to infinite (INF) to eliminate setting a specific dose. Setting an infinite dose is NOT recommended for pediatric patients.

Enteral Nutrition Administration: Infinity Pump



Fig. 3

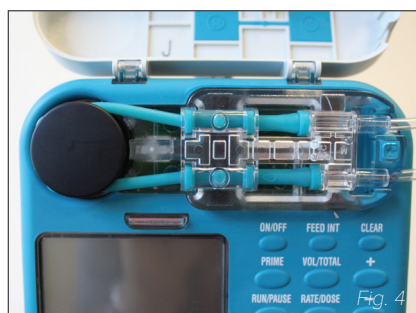


Fig. 4



Fig. 5

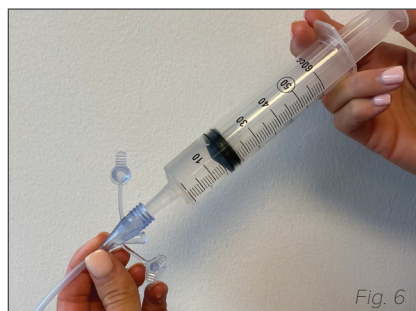


Fig. 6

- E. Load the feeding bag by looping the teal tubing around the pump wheel and stretching lightly (See Fig. 4) followed by closing the door. Remove clear plastic cover from end of tubing. (See Fig. 5)
- F. Press and hold the **“PRIME”** key to prime the tubing. Let go of the button once the formula reaches the end of the tubing. For manual priming, hold bag upside down and gently squeeze bag. At the same time, gently pinch the tubing at the \diamond symbol to remove air and allow formula to flow through tubing.
- G. If your feeding tube has a clamp, make sure it is in the closed position before opening the end of your feeding tube. If your tube does not have a clamp, pinch tubing before opening the end.
- H. Open your feeding tube cap, unclamp tubing and flush feeding tube slowly with water. (See Fig. 6)
- I. Connect the end of the feeding bag to your feeding tube. Press the **“RUN/PAUSE”** key to begin the feeding.
- J. Once feeding is complete, disconnect the feeding bag and use the syringe to flush feeding tube slowly with water.
- K. Close the end of the feeding tube and clamp tubing.
- L. Press and hold the **“ON/OFF”** key for 1.5 seconds to turn pump off.
- M. Rinse feeding bag thoroughly with warm water between feedings.

Use one feeding bag every 24 hours.

Feeding schedule

Formula name(s):	
Goal amount/day:	
Goal rate:	
Interval/frequency:	
Additional notes:	

Administering water flushes

Water flushes are administered to provide adequate hydration and to prevent tube clogging.

- Use a 60 mL syringe to flush your feeding tube slowly with lukewarm water
- Flush with _____ mL water before and _____ mL water after feeding
- Flush with an additional _____ mL water each day

Never use excessive force to flush your tube.

Tips for success

- **DO NOT** give tube feeding if your stomach is upset or if vomiting.
- If you develop an uncomfortable feeling of fullness, slow down the feeding or wait one hour before giving more feeding.
- **DO NOT** put anything other than formula or water into the tube unless specifically instructed to do so by your healthcare provider.

Call your nurse or doctor with any questions or concerns



Your Option Care Health team is available on call 24/7/365 to assist you.

To view video instructions and access additional educational resources, visit optioncarehealth.com/education.